Reproductive Health

Birth Control Sabotage
• Accusing a woman of infidelity if she wants to use birth control
• Telling a woman that birth control will ruin her future fertility
• Hiding, throwing away, or destroying birth control
• Pulling out contraceptive rings
• Pulling off contraceptive patches
• Poking holes in condoms
• Refusing to pull out during sex when previously agreed upon
• Refusing to use condoms
• Breaking/removing condoms during sex
• Physically or economically preventing a woman from obtaining birth control

Pregnancy Pressure
• Pressuring a woman to get pregnant when she does not want to
• Threatening to hurt a woman physically, emotionally, or financially if she refuses to get pregnant
• Making a woman feel guilty for not wanting to become pregnant
• Accusing a woman of infidelity if she does not want to become pregnant
• Claiming that a woman must not be “in love” if she does not want to become pregnant

Pregnancy Outcome Control
• Forcing/pressuring a woman to continue a pregnancy or have an abortion against her will
• Making a woman feel guilty for wanting to continue a pregnancy or have an abortion
• Convincing a woman that she has no other option but to continue a pregnancy or have an abortion
• Hurting a woman (or threatening to hurt a woman) physically and/or emotionally if she continues a pregnancy or has an abortion
• Physically or emotionally preventing a woman from obtaining an abortion
• Physically assaulting a woman in an attempt to induce a miscarriage

Intimate Partner Violence

Physical Abuse
• Beating, kicking, hitting, strangling, or using any form of physical violence to force a woman to become pregnant, continue a pregnancy, or have an abortion
• Purposefully harming a woman so that she miscarries, delivers early, or ends up having a child requiring special assistance
• Hurting or threatening to hurt others to force a woman to choose a particular pregnancy outcome
• Destroying a woman’s property or possessions to pressure her to comply with his reproductive wishes
• Making a woman feel guilty for wanting to continue a pregnancy or have an abortion against her will

Economic Abuse
• Refusing to help pay for birth control or an abortion
• Refusing to help with the costs of raising the child (or other shared children) if a woman continues a pregnancy
• Refusing to help pay for prenatal care and basic health needs if a woman continues a pregnancy
• Forcing pregnancies and births, one after another within a short time frame, so that she is unable to work or leave the home without difficulty or risk
• Destroying a woman’s credit, sabotaging assets, or amassing debt in an attempt to force her to have a baby, or get an abortion
• Sabotaging a woman’s ability to earn her own income in an attempt to force her to have a baby, or get an abortion

Emotional Abuse
• Convincing a woman that no other person would want her if she chooses a certain pregnancy outcome
• Calling a woman names, degrading her, or using profanity directed at her, in an effort to coerce her into choosing a certain pregnancy outcome
• Threatening to harm oneself, or others, to coerce a woman into choosing a certain pregnancy outcome
• Threatening to hurt/kill a woman if she does not choose a certain pregnancy outcome
• Threatening to “out” a woman for an incident/choice/behavior she may want to remain secret if she does not choose a certain pregnancy outcome
• Using a woman’s religious or cultural beliefs to manipulate her into choosing a certain pregnancy outcome